

8 Sport up your life

7 Review

7 a Language in use (p. 130)

- | | | |
|----------------------|----------------------|----------------------|
| 1 have been training | 5 was | 9 has been analysing |
| 2 defeated | 6 has beaten | 10 won |
| 3 has run | 7 have been waiting | 11 has scored |
| 4 has never done | 8 have never climbed | 12 has been doing |

7 b Language in use (p. 130)

Example answers

- 1 The skier has been doing extensive material tests for several hours.
- 2 The referee has been studying the new rules and regulations all day long.
- 3 The soccer player has been training how to head a ball since the lunch break.
- 4 The figure skater has been practising the new choreography for three hours.
- 5 The swimmer has been focusing on improving the butterfly technique all morning.
- 6 The mountain bike racer has been working on his downhill riding performance in the last couple of hours.
- 7 The boxer has been dreaming of winning the *World Championship* since his childhood.
- 8 The marathon runner has been discussion the strategy for the next marathon with the trainer since 8 am.
- 9 The e-sports player has been doing mental training the whole day.

7 c Vocabulary (p. 131)

- 1 exercise **improves** creativity (pro)
- 2 to have high **injury** rates (con)
- 3 the **muscles** get stronger (pro)
- 4 to place too much **emphasis** on winning (con)
- 5 to experience **burnout** from doing professional sport (con)
- 6 the **bones** get tougher (pro)
- 7 to much focus on **competition** prevents children from having fun (con)
- 8 the lungs **become** more efficient (pro)
- 9 to develop different **motor** skills (pro)